

BABY MASSAGE CLASSES

3X 1 HOUR SESSIONS £30

Baby massage is a beautiful bonding activity between parents and their children using specialised techniques incorporating vocalization, and eye-to-eye contact. It is fantastic to ease symptoms of colic and constipation and helps to relax and improve your baby's sleeping habits and is a truly special experience for both parents & baby.

Literature and Oil Provided

Baby Massage Classes are available in small groups or on a one to one/couple basis in the comfort of your own home.