

HAND TREATMENTS

AGE REPAIR HANDS ^{AA}

Time 30 min £30

A combination of deeply restorative and nourishing essential oils are combined to leave hands and arms looking perfectly conditioned and feeling deeply moisturised.

TIRED HANDS ^{AA}

Time 30 min £30

Refresh and support aching hands with this warming blend of oils, which are massaged into arms and hands to invigorate and revive.

INTENSELY NOURISHING HAND TREATMENT ^{AA}

Time 30 min £30

A deeply restorative treatment for dry, hard working hands. Skin is left feeling supple and velvety to the touch.

FOOT TREATMENTS

ROSE HYDRATING FOOT TREATMENT ^{AA}

Time 30 min £30

A combination of rose, geranium and lavender work to help leave rough, dry feet and heels intensely nourished and smooth.

ACHING FOOT RELAXER ^{AA}

Time 30 min £30

Relieve tired, aching feet and lower legs with this wonderfully relaxing treatment.

HEAVY LEG REVIVER ^{AA}

Time 30 min £30

Specialised massage techniques ease swollen legs and ankles, leaving you feeling refreshed and energised.

INTENSELY NOURISHING FOOT TREATMENT ^{AA}

Time 30 min £30

Feet and lower legs feel silky soft and deeply moisturised after the layering of rich body oil and cream.